

When should you take **daily aspirin**?

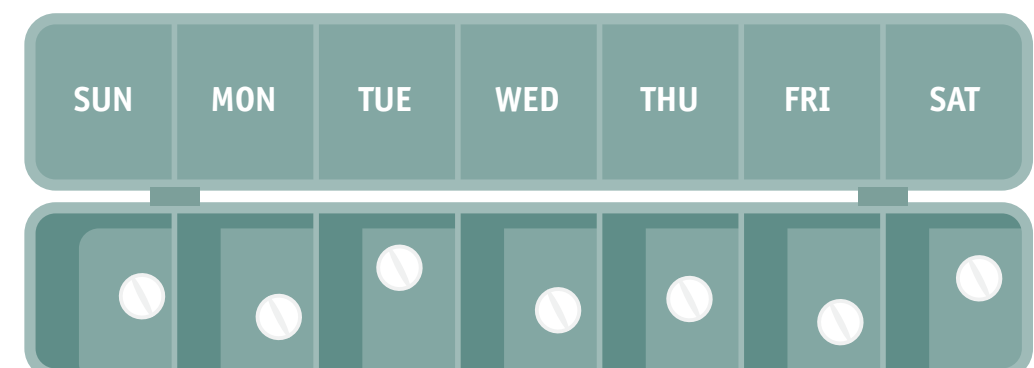
Never stop taking any medication, including aspirin, without talking with your health care team first.

IF YOU'VE HAD A PAST HEART ATTACK, STROKE, BYPASS SURGERY, OR STENT PLACED



Taking a low-dose aspirin (75-100 mg) a day is an important part of your treatment.

It can help you prevent another heart attack or stroke.



NO HEART ATTACK, STROKE, BYPASS SURGERY, OR STENT PLACED



Taking aspirin may prevent a heart attack or stroke, but it can also cause bleeding. For some people, the risk of bleeding may outweigh the benefit.

Talk with your health care team about the risks and benefits of aspirin for you.



In general, don't take an aspirin a day **if you are 60 or older and don't have heart disease.**

visit [CardioSmart.org/Aspirin](https://www.CardioSmart.org/Aspirin) to learn more.

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