

# **Consent for Nuclear Medicine and Stress Testing**

## **Explanation of the Graded Exercise Test**

You will perform a graded exercise test on a motor driven treadmill. The exercise intensity will begin at a level you can easily accomplish and will be advanced in stages depending on your exercise capacity.

### **Explanation of Risks**

There exists a possibility of certain changes occurring during the test. These include abnormal blood pressure, fainting, disorders of heart rhythms and in rare instances, heart attacks. Every effort will be made to minimize these occurrences. Emergency equipment and trained personnel are available to handle any situation that may arise. If you are having a Nuclear Stress Test you may be given a medicine in your IV instead of a treadmill. Please ask your Nuclear Technologist for more information. Similar risks apply.

### **Expected Benefits**

The results from the Stress test may assist you in the diagnosis and treatment of your illness and in evaluating the types of physical activities you might safely engage in.

#### **Informed Consent**

Your signature below indicates you have read, understand and agree to the above statements; you have had an opportunity to ask questions about the procedure, the procedure has been adequately explained to you and you have sufficient information regarding the procedure, its risks, benefits and alternative procedures, it any. Your consent to have the procedure performed is given voluntarily as you have the right not to take the test if you so choose.

I hereby consent to the performance of the stress test		
Signature of Patient	Date	Witness
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